

MONDAY, JANUARY 18, 2010

pulse



Lodi
Memorial
Hospital

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A BIWEEKLY NEWSLETTER FOR PHYSICIANS, EMPLOYEES AND VOLUNTEERS FOCUSING ON THE HOSPITAL'S MISSION OF PROVIDING QUALITY CARE AND IMPROVING THE QUALITY OF LIFE TO THOSE WE SERVE

Important ED move coming Feb. 2

The biggest and most important move in LMH's Emergency Department history is just around the corner. On or about Tues., Feb. 2, the ED will move from its current location to its new South-Wing location. The move is scheduled to begin at 7a on that date. At that time, all new ED patients will be directed to enter via the new entrance on the south side of the South Wing. The move increases the ED-room capacity from 16 to 28. The ED will also have five rooms that can be used for overflow. The increase in capacity will allow the hospital to better accommodate admitted patients throughout the LMH continuum of care and better manage the flow of ED patients seen and discharged. The LMH master-planning group is still working on the best use for the old space. And important to note: The old ED entrance off of Vine Street will be permanently closed to the public after Feb. 2. Employees only will be able to access this door. Stay tuned for more, (*Carol Farron, ext. 7535*).

Surgical-residency program begins



Dr. Gu

Lodi Memorial Hospital recently implemented a surgical-residency program, affiliated with San Joaquin General Hospital, which began this month. Doctors Ahmed Mahmoud and Nagui Sorour are the residents' surgical supervisors. Please welcome Dena Gu, MD, as the first surgical resident, (*Linda Brown, ext. 7669*).

PRU welcomes medical residents



Dr. Clair

Lodi Memorial Hospital's award-winning physical-rehabilitation unit has partnered with San Joaquin General Hospital's internal-medicine residency program to assist in training residents during their rheumatology rotation. The physicians started the rehab rotation in December under the supervision of Ramnik Clair, MD. They will observe all therapy disciplines to improve their understanding of the rehabilitation process. So far, two residents have completed their rotations. This opportunity is a result of marketing efforts for PRU and will help to serve the regional community by introducing doctors to LMH's rehab program, (*Monique Bedi, ext. 3092*).

Farewell, dear friend



McCarty

December marked the retirement of 25-year employee Lynn McCarty, RN, BSN. Lynn began her LMH career in February 1985, after completing her RN training at Delta College. She started on night shift on Two West and proceeded to serve LMH in several different roles, including med-surg manager and director, discharge planning, recovery room, hospital supervisor, nursing administration and home-health manager. While working full-time, she also earned her bachelor's degree in nursing from University of Phoenix. Congratulations, Lynn, and happy retirement, (*Mary Lou Jenkins, ext. 7615*).

Community clinics hit one-year mark



Lodi Memorial Community Clinic – Iris staff



Lodi Memorial Community Clinic – Trinity staff

Two Lodi Memorial Community Clinics celebrated their one-year anniversaries in January. LMCC – Trinity, located in North Stockton, is home to the practices of Joseph Nguyen, DO, Vanessa Tsuda-Nguyen, DO, and Dawnette Person, FNP. Trinity will soon welcome Gary Nahl, MD, to the practice. Harvey Hashimoto, MD, and Terri Vaccarezza, FNP, who practice at LMCC – Iris, in Lodi, recently welcomed Victor Gellineau, MD. The clinics are accepting new patients, and most insurances are accepted. Providers had more than 9,000 patient visits at Iris and over 4,700 at Trinity in 2009, (*Pam Schneider, ext. 7450*).

OB Clinic boasts stellar year

Hooray to Param Gill, MD, and the LMH OB Clinic staff for a very successful 2009. The year brought several all-time highs in new patients as well as expanded services. The clinic had a record number of deliveries in December 2009, at 43. The year was an awesome success, indeed, as we celebrate the first anniversary with Dr. Gill and associates Vijaya Bansal, MD; Peter Hickox, MD; Meena Shankar, MD; and Thomas Streeter, MD, (Pam Schneider, ext. 7450).

Live more healthfully in 2010

Do you want to lose weight? Add years to your life and life to your years? Help prevent or control diseases such as diabetes and heart disease? Try the "Live More Healthfully" weight-management program for employees and adult dependents of benefitted employees, run by registered dietitians and exercise specialists. A healthy weight is encouraged through improved nutrition and increased physical activity. The program includes individualized nutrition and exercise guidance; complimentary membership at the LMH Fitness Center; eight weekly classes on nutrition and physical activity; monthly follow-up meetings to provide encouragement and share strategies; and tracking progress, including journals and weight and body-fat testing. Eight sessions will be held between Feb. 3, and April 1, on Wednesdays from 5-6p, and Thursdays from 7-8a. Cost is a \$35 deposit, \$20 of which will be refunded to those who attend all eight sessions. For information or to sign up, contact Jackie Bonano, ext. 7637, Kevin Vondergeest, ext. 3065, or visit <https://lodihealth.motivation.cc>, and check out the other cool wellness tools on the site while you're there, (Jackie Bonano, ext. 7637).

How to best help Haiti

For those who wish to help the injured and those in need in Haiti following the devastating Jan. 12 earthquake, the US Government suggests that financial contributions are what is most needed at this time. If you wish to make a contribution, check the LMH electronic-bulletin board, www.lmhemployees.org, for links to Web sites of reputable organizations doing groundwork in Haiti now. Look to the LMH "eebb" in the next few weeks for more information. West Coast relief organizations are not sending ground workers at this immediate time, but stay tuned, (Carol Farron, ext. 7535).

Eat local and save

Be sure to check out LMH's electronic-bulletin board (www.lmhemployees.org) for information about a new, local service – Farm Fresh to You – that delivers locally grown, organic produce right to your door. There's an offer for \$10 off your first delivery and a variety of packages you can choose from, including "regular mixed," "mostly fruit," "fast fruit and veg" and "valley box." For office deliveries, they even offer alternatives such as "mini snack pack," "small snack pack," "medium snack pack" and "large snack pack," (Carol Farron, ext. 7535).

Medi-Cal application help available

The LMH OB Clinic now has the aid of Charterhouse Family Services to assist any patient who requests help completing an application for Medi-Cal assistance. Appointments will be scheduled as needed. If anyone has this need, please contact Toni Barajas, ext. 3030, to schedule an appointment for the patient, (Pam Schneider, ext. 7450).

Student nurses graduate



Ortega



Billups



Gonzales



Singh



Tuon

Congratulations to these five student nurses who recently graduated from Delta College: Beverly Ortega, Jordan Billups, Michelle Gonzales, Sachin Singh and Thong Tuon. Once these five student nurses completed their first semester of training at LMH, they were hired into the LMH student-nurse program. Thong is a 14-year LMH med-surg employee and a recipient of the Lodi Memorial Foundation Scholarship. Jordan is the son of Cindy Billups in the billing department. Please congratulate them on their achievement and wish them well on their upcoming N-CLEX exam, (Mary Lou Jenkins, ext. 7615).

Fan mail



Womak

LMH employee Xelpho Womak writes: *I would like to thank everyone who supported and stood by me through my battle with cancer. Because of you, I am now doing very well and have been back to work since June. I have so many people to thank, as well as those whose names I will never know, who came forward to donate blood, PTO, well wishes and prayers. I am touched beyond words, and I thank you all from the bottom of my heart. I especially want to thank Claire Lear, my friend and my rock; Lynne Mantz (mom); Mari Herman; "Nurse Nancy;" Erica Seefried, for the gift of "be positive;" Darlene Forrester and home health; Teri Williams-Spring; my central-supply coworkers; and my boss, Bill. Once again, I thank you and love you all.*

Check out the employee-bulletin board

Do you want to thank a co-worker for an excellent effort? Do you have something you want to sell? Are you looking to buy something, or are you looking for a house to rent in the area? Check out the LMH-employee electronic-bulletin board, www.lmhemployees.org. Also, check out "free cycle" under the "classified" section for items available at no cost. The site is updated regularly, and employees are encouraged to submit postings. Submissions to the bulletin board should be e-mailed to moderator@lodihealth.org, (Mary Hicks, ext. 5170).