

MONDAY, JANUARY 31, 2011

pulse



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A BIWEEKLY NEWSLETTER FOR PHYSICIANS, EMPLOYEES AND VOLUNTEERS FOCUSING ON THE HOSPITAL'S MISSION OF PROVIDING QUALITY CARE AND IMPROVING THE QUALITY OF LIFE TO THOSE WE SERVE

Nancy receives Heart award



Facilities Management project manager Nancy Reich was presented with the 2010 Ted Holmstrom Heart Award at the LMH Employee Awards Dinner, Jan. 21. This award is named in honor of Ted Holmstrom, a volunteer who served on the LMH Board of Directors for over 20 years. Ted had a huge heart and felt

what made LMH special was its employees daily going above and beyond. This honor is annually awarded to an employee who exemplifies that LMH spirit, is nominated by other employees and voted on by past award recipients. Along with the award comes a \$1,000 cash prize. Nancy has worked at LMH for the past five years. She is giving, compassionate and (with others) was instrumental in the South Wing's completion last year – ahead of schedule and below budget. She is a tireless LMH advocate and is extremely deserving of this recognition, (*Joe Harrington, ext. 7560*).

Rounding schedule on EEBB

In the last issue of "Pulse," it was noted that LMH executives will increase 2011 communication efforts in a response to the Best Places to Work employee survey that was conducted last summer. Another goal of increased communications will be to help move forward the hospital's six strategic imperatives in 2011 (improving quality and safety, improving patient satisfaction, improving care through enhanced information technology, reducing readmissions, providing cost-effective care and preparing for health reform). Joe Harrington, president and CEO, and vice presidents Ron Kreutner (finance), Mark Sey (administration) and Debbe Moreno (nursing) will now be delivering weekly emails, holding quarterly town-hall meetings and rounding bi-weekly. The first two rounding visits were done of inpatient areas, med/surg, OB and ICU. A tentative schedule of the areas in which the administrative team intends to round is posted on the electronic employee-bulletin board (www.lmhemployees.org), (*Carol Farron, ext. 7535*).

Outpatient center opens Tuesday



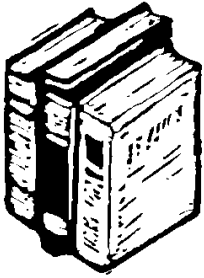
Good news for LMH outpatients. Starting Tuesday it'll be one-stop shopping for all outpatients when LMH's lab, X-ray and diagnostic imaging, cardiopulmonary and surgery start to use the old emergency space. The Conrad and Medical Office Plaza labs will close at the end of Monday. From Tuesday forward, all services will be provided from the new location. The old ED parking lot will now be reserved for outpatients only. Those employees and physicians who had parked there may now park in the old lab spaces at the Conrad Building, the lot at Fairmont and Sylvia and the designated lots in the main parking areas of the South Wing, (*Carol Farron, ext. 7535*).

Retiring chief started at LMH



Prior to his long and outstanding career at the Lodi Police Department, retiring Chief Gary Benincasa was employed locally by Holt Brothers. During his tenure with Holt Brothers, one of his many projects was to establish and install the hospital's two generators, which are still in great working order. The chief stopped by recently, as he prepares to retire, to snap a picture with the behemoths. Congratulations, chief, on several careers well done, (*Carol Farron, ext. 7535*).

Library boosts quality care



A University of Illinois study of 176 physicians, nurses and other clinical practitioners concluded that two-thirds of those using hospital medical libraries for current clinical cases say they believe materials obtained in the library helped improve the care they provided. They also say the information received from the library caused

them to handle their cases differently. That included tests ordered, changed diagnoses, medications and treatment plans. Stop by the LMH medical library to learn more about resources available to medical and hospital staff. The library is on the second floor of the North Wing opposite the surgery waiting area. It is open weekday afternoons from 1-5p. At all other times request cards found on the bookcase just outside the library can be completed and slipped under the library door, (Andrea Morais, ext. 7567).

Enroll in Live More Healthfully

Join the Live More Healthfully wellness program today. Enrollment for 2011 has begun, and it is simple to do. Go to <https://lodihealth.motivation.cc/> to take a virtual tour of the program, view the step-by-step enrollment instructions and download the necessary forms for enrollment and lab work. Last year LMH employees and adult dependents lost an amazing 483.4 pounds during wellness challenges alone and, 400 pounds were kept off. In addition, nearly all of the re-enrollees thus far have improved on one of their risk factors. Participants will receive valuable information about their health by receiving free health screenings, which are necessary to take a health-risk assessment, and have access to many wellness tools on their own personal and secure, online accounts. Even further, participants receive weekly emails with helpful tips, wellness events and motivation to live more healthfully. Employees looking for a convenient time to get free lab work and other measurements required for the program can attend Measurements Day, Tues., Feb. 8, and Fri., Feb. 11, from 7-10a, in Classroom A. Come fasting for 12-14 hours, (Kevin Vondergeest, ext. 3063).

Check out the EEBB

The electronic employee-bulletin board (EEBB), www.lmhemployees.org, is a great way to stay current with what's happening at LMH. With a wide array of topics, there is something on the EEBB for everyone. Many employees, their families and community members have taken advantage of the EEBB when needing an idea for a family outing, checking out what's new in the LMH gift shop or looking for tips to stay healthy. It's also a great place to advertise items for sale. Those wishing to submit a posting to the EEBB can email moderator@lodihealth.org, or call Megan Johnson, 333-5170, (Megan Johnson, ext. 5170).

Support the American Cancer Society



Sunshine vase



Vision vase

It's time for Daffodil Days. Help the American Cancer Society (ACS) save lives by participating in this annual fundraiser. From now through Mar. 1, purchase daffodils through the ACS, and proceeds will go toward cancer research, educational programs, advocacy and services for cancer patients and their families. Daffodil bouquets are \$10 (10 daffodils); the "Sunshine Vase" is \$20 (10 daffodils); and the "Vision Vase" is \$35 (20 daffodils). "Gift of Hope" cash donations will be available Feb. 1 in the east cafeteria. Daffodils will be delivered on Tues., Mar. 22. Please contact Becky Olvera, ext. 7597, to place orders. Thank you in advance for supporting this worthy cause, (Becky Olvera, ext. 7597).

Leeches make a comeback



Marc Miller survived a motorcycle crash in October near his Baltimore County home, but his foot had been dragged along the pavement and badly damaged. That injury would require both the most advanced medicine and an ancient therapy – leeches. Trauma doctors at Johns Hopkins, the University of Maryland and other U.S. hospitals routinely use leeches as a temporary measure to keep blood flowing as new vessels grow in a damaged area. The animals kept blood moving in and out of a new skin flap sewn onto Miller's foot. They also can get blood flowing to amputated digits that are reattached. And because the leeches' saliva has a natural anesthetic, some doctors now are looking to use them to ease pain. "They can be the difference in whether the tissue lives or dies," Dr. Scott D. Lifchez, who treated Miller and is section chief of plastic surgery at Johns Hopkins Bayview Medical Center, said about the blood-sucking worms. The U.S. Food and Drug Administration gave its approval to market leeches as medical devices in 2004, though they had been used for many years before then, (Baltimore Sun, Jan. 23, 2011).

Stay connected

Keep up with what's going on at LMH, and check out the following online resources:

- www.lodihealth.org
- www.lmhemployees.org
- www.lmhmds.org
- www.facebook.com/lodimemorial
- www.twitter.com/lodimemorial
- www.youtube.com/lodihealth

