

MONDAY, DECEMBER 7, 2009

pulse



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A BIWEEKLY NEWSLETTER FOR PHYSICIANS, EMPLOYEES AND VOLUNTEERS FOCUSING ON THE HOSPITAL'S MISSION OF PROVIDING QUALITY CARE AND IMPROVING THE QUALITY OF LIFE TO THOSE WE SERVE

Gift shop ends chapter with sale

As the LMH Gift Branch moves from the North Wing to the South Wing in the next few weeks, one chapter ends and a new one begins. Margaret Corda, volunteer manager of the gift shop for the past 18 years, has turned over the reins to Sarah Beasley, LMH's volunteer coordinator. The hospital is grateful to Margaret for her many years of service and generosity. There are many pediatric patients who have left LMH with a plush toy that Margaret directed their way. Sarah and the gift-shop volunteers are holding a closeout sale now. Shortly they will be extending the gift-shop hours to Mon.-Fri., 9a-7p, and Sat. and Sun., 12noon-4p. There will be 17 volunteer shifts a week, and volunteers will work in pairs. If you know anyone who may be interested in volunteering, please contact Sarah, ext. 7616, and if you see Margaret around, please tell her thanks, (Carol Farron, ext. 7535).

Clinic really delivers

LMH's Galt Medical Services is growing its prenatal care. Param Gill, MD; Peter Hickox, MD; Thomas Streeter, MD; and Laura Akahori, NP, are all ready to deliver care. The clinic now offers full prenatal care and participates in the Comprehensive Perinatal Services Program. New patients and most insurances are accepted. The clinic is located at 387 Civic Dr., Galt, 745-6105, (Toni Barajas, ext. 3030).

Get heart healthy with CHIP



George Chen, MD, and Irma Chen, BS, are gearing up to begin their annual Coronary Health Improvement Project, CHIP, on Jan. 15. This five-week program has been extremely successful in helping participants change their lifestyles and improve their health. The program is rooted in healthy nutrition

and allows participants to take an active role in improving their health. Its target group is those who may suffer from, or wish to avoid, obesity, high blood pressure, diabetes, angina and cholesterol problems. Those interested can attend a free lecture on Tues., Jan. 5; Thurs., Jan. 7; Sun., Jan. 10; or Tues., Jan. 12, 7p, at English Oaks Adventist Church. The course is approved for 15 hours of continuing education. For information about the program, visit www.CHIPusa.org, (George Chen, 369-1021).

Congratulations, Dr. Freund

Ed Freund, MD, was presented the 2009 Physician of the Year award from Fairmont Rehabilitation Center for his dedication and loyalty to the community and their patients. Dr. Freund's picture and short biography will be displayed at Fairmont Rehab Center. Dr. Freund, who practices at the Lodi Memorial Community Clinic – Millsbridge, also holds the honor of having been LMH's first-ever Physician of the Year. We are truly proud to have Dr. Freund recognized by others in this way, (Pam Schneider, ext. 7450).

Please welcome these physicians

- **Alan McInnes, MD**, ophthalmology, graduated from the University of Utah School of Medicine. He completed a general-surgery internship at the Naval Medical Center in San Diego and an ophthalmology residency at the University of Utah Health Sciences Center. He has joined the Zeiter Eye Medical Group.
- **Victor Gellineau, MD**, family practice, graduated from Howard University College of Medicine in Washington, DC. He completed his internship and residency at San Joaquin General Hospital. He will join Harvey Hashimoto, MD, at the Lodi Memorial Community Clinic – Iris in January.
- **Kristin Bennett, MD**, otolaryngology, graduated from the University of Texas, San Antonio. She completed internship and residency programs at the University of Texas. Her practice is in Stockton.
- **Thomas Streeter, MD**, OB-GYN, graduated from the University of California, Irvine. He completed a surgical/OB-GYN internship and residency at Michael Reese Hospital and Medical Center in Chicago. He is certified by the American Board of Obstetrics and Gynecology. He is affiliated with the Gill Group.
- **Samina Qamar, MD**, family practice, graduated from the Rawalpini Medical College, University of Punjab, Pakistan. She completed a family-medicine residency program at the University of Kansas School of Medicine. She is certified by the American Board of Family Medicine.
- **Ryan Kime, MD**, emergency medicine, graduated from the University of Pennsylvania School of Medicine. He completed a residency program in emergency medicine at the Indiana University School of Medicine. He is certified by the American Board of Emergency Medicine, (Linda Brown, ext. 7669).

Peds docs pilot new order sets

The medical staff pediatrics committee, led by Roy Ishii, MD, began trialing use of LMH's intranet site for accessing admission order sets at the end of October. Other participants in the trial include Med-Surg, Two West, Cardiopulmonary and Information Systems in partnership with the Evidence-Based-Practice Program. The objective is to perform a short-term pilot of the pediatric order sets, providing an opportunity for review of the integration of standardized order sets into the organization using this approach. Workflow and ease of use will be evaluated and addressed to optimize the use of the order sets. Pediatricians can access literature via links embedded within the order set. The order sets provide standardization of care while allowing the physician to adapt the order to accommodate the specific needs of the patient. The order sets are easily accessible on an intranet webpage and can be found by clicking on the "Pediatric Order Set" button on the LMH intranet homepage. For more information about this trial, please call the evidence-based-practice office, ext. 7890, (Min Hlaing, MD, ext. 7890).

Team Lean Challenge begins January

The Team Lean Challenge (TLC) is a part of the Live More Healthfully employee-wellness program and uses the power of teamwork to inspire LMHers to achieve better health. It is built around a program of socially reinforced weight management that combines education and progress logging. All you need to do is to enroll online at the Live More Healthfully website, <https://lodihealth.motivation.cc>, between now and Jan. 7. Go to the "Weight Management" link on the home page and request the team you would like to join. Don't have a team? No worries. You will be automatically placed into a team to make a group of five. Once you have enrolled, please go to West Fitness any day, Mon.-Sat., or Tuesdays and Thursdays to Cardiac Rehab during the enrollment period to obtain your initial weight. The rest is up to you. Each team is provided with a team page to see team statistics and to communicate with teammates. Statistics are taken from each weight log entry made. Note that while we only show actual overall weight loss during the competition, no actual weight is shared, and the ultimate winner is the team with the greatest percentage of body weight lost. Each member of the winning team will receive a \$25 gift card for their success. To enroll in the Live More Healthfully wellness program, or for more information on the TLC, please contact Kevin Vondergeest, ext. 3063, (Kevin Vondergeest, ext. 3063).

Fan mail

LMH received a holiday greeting from a recent med/surg patient with the following message: *Have a wonderful Christmas, and we're going to do the same, here. Thank you for your friendship and the helpful people you all have been.*

Physician presents at Grand Rounds



Rod Felber, DO, medical director for LMH's hospitalist services and physician champion for the evidence-based-practice program spoke to an audience of almost 50 nurses and other disciplines at the Nursing Grand Rounds held at LMH on November 23. Topics presented included the role of hospitalists in today's health-care environment and how LMH as an organization tries to prevent medication errors. In addition, Dr. Felber further explained how important the physician's documentation is to hospital reimbursement rates and the role of evidence-based practice in patient care. Team Health West provided cookies and donated gift certificates for a raffle. The winners were Mari Herman, Utilization Management, Bob Moore, Rehabilitation Services, and Monique Torres, RN Residency Program. The Nursing Grand Rounds is a monthly forum for nurses and other disciplines to discuss and learn about topics affecting care at the bedside. For more information on the next grand rounds and future topics, contact Maureen McCaffrey, BSN, RN, CCRN, critical-care clinical educator, (Maureen McCaffrey, ext. 7893).

Save the date for employee awards

Invitations will go out this week to LMHers receiving awards for milestone years of service, and those retiring, at the 2010 Annual Employee Awards Dinner. The dinner will be held Fri., Jan. 22, 5:30p. Honorees include Claudine Seibel, 40 years; Joe Battaglia and Donna Schulz, 35 years; and Lesley Muscha, Gwen O'Connor, Mary Primeau and Joann Riddlesperger, 30 years of service. Those receiving awards are offered complimentary meals for themselves and one guest. Cost is \$30 for employees not receiving awards and \$35 for non-employee guests. Those wishing to attend should RSVP to Human Resources no later than Jan. 11, (Lori Horan, ext. 7590).

Magazines sought for new South Wing

To help stock the many additional waiting rooms in the new South Wing, we are in need of your gently used, contemporary magazines that are current within the last four months. There is an ongoing need, but with more magazine racks to fill starting this month, please consider recycling your magazines to benefit the new South Wing. There is no need to cover over or cut out your address label. We will place a new label on top for you. Donations can be left in the Community Development box in the mailroom. Thank you, (Mary Hicks, ext. 7970).