

MONDAY, MARCH 31, 2008

# pulse



A BIWEEKLY NEWSLETTER FOR PHYSICIANS, EMPLOYEES AND VOLUNTEERS FOCUSING ON THE HOSPITAL'S MISSION OF PROVIDING QUALITY CARE AND IMPROVING THE QUALITY OF LIFE TO THOSE WE SERVE

## **Please welcome these new docs**



**Morrison**

John Morrison, MD, pulmonary medicine, serves as the physician advisor to the medical staff. He graduated from the UC Irvine School of Medicine and served an internship and residency at LA County University of Southern California Medical Center in internal and pulmonary medicine. He is board certified by the



**Nguyen**

American Boards of Internal Medicine and Pulmonary Medicine. Denise Nguyen, MD, family practice, works in the LMH Primary-Care Clinic. She graduated from St. George's University in Grenada, West Indies, and served her internship and residency in family medicine at Kaiser Permanente Medical Center in Fontana, CA.



**Mahmoud**

Ahmed Mahmoud, MD, pulmonary medicine/general surgery, covers for Dr. Connolly. Dr. Mahmoud graduated from Ain Shams University in Cairo. He served a general-surgical internship at Nassau County Medical, general-surgical-residency programs at Methodist Hospital in Memphis and Providence Hospital in Southfield, MI, and a fellowship in critical care at the University of Maryland Medical Center.



**Soltanian-Zadeh**

He is board certified by the American Board of Surgery, in general surgery and critical care, and the American Board of Thoracic Surgery. Jalal Soltanian-Zadeh, DO, works in the LMH Urgent-Care Clinic. He graduated from Ohio University of Osteopathic Medicine and completed his internship at Pacific Hospital Long Beach and a residency at Ventura County Medical Center, (Linda Brown, ext. 7669).

## **Business Services gets director**



**Kelly**

Please welcome Lynn Kelly to LMH. Lynn is LMH's new director of business services. She comes to LMH with more than 20 years of health-care, financial-management experience, and I am sure all will enjoy working with her. Please welcome her, (Ron Kreutner, ext. 7428).

## **LMH dinner set for 16<sup>th</sup>**

Tickets are on sale now for the LMH Association Annual Meeting and dinner. The event takes place at Wine and Roses on Wed., Apr. 16, at 6p. The cost is \$30 for members and \$40 for non-members. Ticket sales continue through Apr. 8 and are available in the administration and community-development departments. While they last, complimentary tickets are offered to those who have joined the association since last year's meeting. The association is the owner of the hospital, and membership is open to any interested individual for a one-time, lifetime fee of \$100. Membership applications are available through the community-development department or on the hospital's web site, [www.lodihealth.org](http://www.lodihealth.org), (Carol Farron, ext. 7535).

## **Register to "Walk"**

The LMH Foundation's 2008 "Walk for the Health of It" is set for Sat., May 10. "Walk" t-shirts are available in human resources and at West Fitness. Shirts are \$15 each or three for \$30. A limited supply of long-sleeved t-shirts and sweatshirts are available for \$20 each. Employees can wear "Walk" t-shirts to work on Fridays prior to the "Walk." Those whose departments have uniforms or dress policies should check with their supervisors, managers or directors, (Donna Shaw, ext. 7582).

## **Luncheon honors docs**

The first National Doctors' Day was on Mar. 30, 1933, the anniversary of the first use of anesthesia. The day was celebrated by mailing cards to doctors and placing flowers on the graves of deceased doctors. In 1990, then-President George Bush signed a resolution designating Mar. 30, as National Doctors' Day. Please thank LMH's medical staff for all they do on Doctors' Day, Sun., Mar. 30. A celebratory lunch for the medical staff will take place Mon., Mar. 31, at 12:30p, in Classrooms F and G. National Doctors' Day provides a time to show appreciation to doctors, (Linda Brown, ext. 7669).

## **Nursing scholarships available**

Juanita Hagan and Robert Mullen Nursing Scholarship applications are now available. Applicants must have worked at LMH for at least one year and have completed one semester in a nursing program. Stop by the Education office, 832 S. Fairmont Ave., to pick up applications. Applications are due Apr. 30. Winners will be announced during Nurses' Week, May 8, (Donna Schulz, 642-4985).

## ***Cash out PTO in April***

Spring is in the air, and so is the Personal Time Off (PTO) payout. This year employees can cash out more PTO at once – up to 80 hours. The qualifications for this cash payout are that an employee must have at least 120 hours in his or her PTO bank after cashing out. For example, if an employee has 180 hours of PTO, he or she may cash out only 60 hours. If he or she has 130 hours in the PTO bank, only 10 hours can be cashed out. The minimum payout is eight hours. A Personnel Action Form (PAF) indicating the number of hours the employee wishes to cash out must be completed and turned in to human resources. These PAFs do not have to be approved by directors and must be submitted to human resources no later than Apr. 7. The actual check for PTO cash out will be May 2. This check will be a separate check and will not go into direct deposit. Normal taxes and 403(b) contributions will be deducted from these checks as well. Those with questions should contact the human-resources department, (*Judi Simon, ext. 7443*).

## ***Fennel-dip recipe requested***

Those who attended the National Nutrition Month health fair this month had an opportunity to learn about the strange fruits and vegetables provided, such as kumquats, jicama and orange cauliflower. Although strange and exotic, the fruits and vegetables were quite flavorful. One in particular was the fennel dip, so, by popular demand, here is the recipe:

### **Ingredients:**

- 2 cups fat-free sour cream
- 1 cup low-fat mayonnaise
- 2 tablespoons diced fennel
- 2 tablespoons fennel seeds
- 3 tablespoons scallions
- Salt and pepper to taste

### **Directions:**

Mix all ingredients together, and chill overnight. Serve, perhaps, with orange cauliflower or jicama, (*Lisa Paradis, ext. 7637*).

## ***How to submit to/find "Pulse"***

All medical staff, hospital staff and volunteers are welcomed to submit items for "Pulse." Items should be between 50-150 words and pertain to LMH news, milestones or events. Items should be directed via in-house mail to the Community Development Department or via email to Lori Horan or Carol Farron. "Pulse" is published every other Monday, and items for the newsletter should be received by 8a the preceding Friday. "Pulse" can be accessed electronically via the LMH network (L:\NEWS & ANNOUNCEMENTS\Internal\PULSE) or on the LMH website, [www.lodihealth.org](http://www.lodihealth.org). Those wishing to receive "Pulse" via e-mail should contact Lori Horan, ext. 7590, or e-mail [lhoran@lodihealth.org](mailto:lhoran@lodihealth.org), (*Carol Farron, ext. 7535*).

## ***Human resources welcomes new face***



*Vincelet*

Tina Vincelet comes to LMH with numerous years of HR experience. She worked for the Stockton Record for more than 20 years. Tina lives in Lodi with her husband, Greg, and two children. Those who haven't yet done so should stop by to say hello, (*Judi Simon, ext. 7443*).

## ***RN joins perinatal***



*Fields*

Please welcome Vanessa Fields, RNC, BSN, to the Perinatal Department. Vanessa works part-time, day shift and is the hospital-provided instructor for Delta College's fourth-semester students when they have their rotation in perinatal. Vanessa comes to LMH from Dameron Hospital, where she was employed for nine years in labor and delivery. Welcome, Vanessa, (*Lesley Muscha, ext. 7554*).

## ***Congratulations, Kelly***

Congratulations to LMH clinical analyst Kelly Stump on recently being appointed to the board of the Women's Center of San Joaquin County. Kelly's natural enthusiasm is a perfect fit for that organization. Future plans for the organization have dollars designated for projects focusing on the Lodi community, (*Richard Gilbert, ext. 7425*).

## ***Enroll now for voluntary benefits***

LMH offers voluntary benefits to full and part-time, benefited and non-benefited employees who have been with LMH for more than 90 days. The Farmington Company manages disability, cancer and life-insurance plans. Starting Apr. 14, representatives from Farmington will be at LMH to educate, enroll employees and answer questions. A representative will visit each department and meet with all employees, including night shift personnel. A more informative letter will be coming soon. Contact Lynette in human resources, ext. 7598, for more information, (*Lynette Havens, ext. 7598*).

## ***Wine stroll tickets available***

On Fri., Apr. 18, from 6-9p, sip, stroll and shop on School Street in beautiful, downtown Lodi at the School Street Wine Stroll. This affair brings award-winning wine, food and first-class shopping together in a unique, outdoor spring event. Over 25 local wineries will take up residence in the shops of Lodi's historic district. Each participating business is paired with a winery for the evening. Merchants provide delicious hors d'oeuvres and offer special sales while the winery pours a tasting of their label to strolling visitors, wine lovers and shoppers. Strollers receive commemorative wine glasses and maps to track down their favorite labels. LMH employees pay only \$20 (that's a 20-percent discount) when they purchase tickets through the LMH Human Resources Department. Tickets can also be purchased at the Lodi Chamber of Commerce, 35 S. School St., Lodi. We stroll, rain or shine, (*Judi Simon, ext. 7443*).