

## *Your definition of a healthy community:*

### **Website**

- A community that is cognizant of the aspects of health and endeavors to achieve good health.
- A healthy community has available and affordable health services for all races and ages. They are taken care of emotionally through a network of supportive community members in time of need...such as disasters - be they personal or community wide disasters. A strong sense of volunteerism from individuals and businesses is an important component to an emotionally healthy and safe environment.
- One where healthcare is available and provided to all.
- Access to doctors and specialists when it's necessary to have one without waiting so long, especially when you have a serious illness.
- One with a great hospital.
- Plenty of doctors and nurses.
- A healthy community is dedicated to providing and improving quality health care for all residents in this area.
- Supportive and more assistance to single parents and affordable healthcare for children.
- Provide affordable health care services from birth to death. No one is left behind or out because of age, gender or income.
- I think a healthy community is one in which there are good and clean living standards including health care professionals.
- Clean water, clean air, sanitary conditions and recreational facilities of all kinds.
- Regular checkups.
- Safe streets, good schools and jobs and cultural/recreational opportunities, convenient markets with healthy offerings, readily available health information/resources and providers, clean air, diversity in peoples and treatment options.
- Where medical help can be given at affordable cost for those of us who have to pay out of pocket.
- We need available 24-hour urgent care as well as 24-hour emergency care.
- A community that informs the general population about health issues and provides the means to deal with unhealthy issues.
- Affordable health care is available and accessible to the community as a whole.
- Easy access to healthcare and healthcare information.
- Low incidences of communicable diseases. Cleanliness, nutrition, physical activity, and treatment of psychiatric disorders should be promoted in the community.
- Education and health care basics available to everyone.
- Low diabetic rate for adults and children. Lower risk of cancer. Lower risk of heart/stroke related diagnosis.

- A population that lies below the national average for disease rates, that exercises regularly, is on low fat low cholesterol diets, and exuberates regular medical checkups.
- One that provides health care at an affordable fee.
- Lodi Memorial Hospital is our community.
- One in which people exercise regularly, eat healthy, serve others, and get straight answers from available physicians who promote all remedies including natural ones; doctors who want to get to the root of a problem and not just medicate it.
- A community that has the knowledge or can reach the knowledge of healthcare in any fashion. It has to be educated/taught at the basic community's understanding level.
- The environmental and social conditions exist in which people can be healthy.
- Lodi.
- Nobody ill.
- A community that embraces a proactive approach vs. a reactive approach. To anticipate what areas will need improvement before the fact vs. after the fact.
- Equal access.
- Everyone around you in good health.
- A healthy community is a clean one, no trash on road or walk ways. No low-income housing in which there will be trashy people and bad people. No drugs or crime. A place where kids can ride their bikes and not have to worry about being hurt or kidnapped.
- One in which health-care needs are met, both for the insured and the working, non-insured. A healthy community is one in which outdoor/indoor physical activity is encouraged through the use of walking or bike trails, where one can feel safe while using it.
- Enough health care for all people, good schools, good law enforcement, plenty of jobs.
- Healthy community would be where population has jobs to survive, smoke-free and violence free.
- Where more health advisors are available to improve one's health, also smoke-free and violence- free environment.
- Healthy community would be where easy to access to doctor at low cost. Violence free.
- Healthy community would be pollution free, smoke free and violence free.
- Health is wealth.
- Pollution free, safe for kids and adults to enjoy, also job availability.
- Health is wealth.
- One that focuses on health, not illness, and where doctors are the ones who make treatment decisions, not insurance companies.
- I went to your hospital once when my husband was sick? I think that your hospital is wonderful?

- Where there is an emphasis on wellness and prevention of disease, with access to affordable fitness and nutrition coaches and facilities.
- Healthy community is when everyone gets out and exercise and are taking care of their health.

## **West Primary Care**

- Good quality health care.
- One that regular doctor and dental appointments for young and old alike, along with all kinds of education.
- A productive community. Clean community. Friendly.
- One that has readily available medical and affordable to all and plenty available schooling.
- Health services available for all.
- People to be informed of important information and abide by it.
- Many doctors.
- Good morals, respect for each others' beliefs, etc.
- Good, clean environment.
- Where everyone gets along and we are aware of our health options and what can help keep us healthy.
- I believe starts with cleanliness. It must be united, and we must care for each other.
- Affordable health care for all families – active participation from all families to stay healthy.
- Consideration of fellow citizens – all ages and nationalities.
- Good doctors.
- Safe, happy and productive.
- The whole community should be involved in making decisions about the community – not just a few people.
- More doctors who accept government-funded insurance and specialists, i.e. Medi-Cal and workers' compensation.
- People not suffering from common illness.
- People who try to practice preventive medicine.
- Healthy people.
- Adequate and affordable.
- No visits to the doctor or pharmacy.
- Where everyone has the access to routine and emergency health care.
- Accessible, friendly health care professionals willing to treat us when we are ill and to teach us preventative medicine so that we remain healthy.
- Clean air, great doctors, parks, shopping centers and fun.
- A healthy community is the one where all people have available resources to fulfill their health services.
- Good jobs, good health.

- A healthy community should have good education, low crime, assistance for people either via government or neighbors, low crime, low stress and not overpopulated.
- No smoking, less cars.
- Where all people are covered by health insurance.
- Access to MD easily.
- No smoke in the air.
- A healthy community.
- There is no healthy community.

### **Ham Lane Primary Care/Occupational Health Medicine Clinic**

- A community that has equal access for all to a physician.
- When the community isn't sick with flu.
- Reliable doctors, good emergency ability.
- Well informed.
- A life expectancy of over 35.
- Where everyone has access to the healthcare they need, I think the hospital clinics provide this service.
- The clinics in our area are conveniently located and accessible.
- No AIDS virus, no more war.
- Pretty good.
- Everyone is getting good health information.
- One that is active, up to date on immunizations.
- Pretty good.
- Peace and good will.
- Preventive medicine management and education and health and safety awareness.
- Plenty of care for all races, creeds, colors and insurances or not.
- Informed, cared and provided for population in which you live.
- Clean areas.
- People that don't rely on fast food and to go by Taco Bell and see no cars.
- Where everyone is well and not contagious.
- Caring health services for low-income families with insurance or not.
- Where everyone has access to medical care/dental care.
- Very good.
- Right now isn't a good time to answer the question.
- People taking care of people.
- Healthy eating, exercising, compassionate and neighbors.
- Drug free and clean.
- Everyone being able to see a doctor when needed.
- Cleanliness, healthcare for everyone, information programs on health.
- Available to medical care.

## Community

- A group of individuals knowledgeable about living a healthy life and dedicated to the promotion of the ideals related to a “healthy community.”
- Happy, sharing, caring citizens.
- Lodi.
- Would be Lodi, considering all the elderly people there are here.
- Sponsor more exercise events.
- People who exercise and eat healthy.
- People are conscious and take action about their health and well-being.
- Health access for all.
- Good exercise, places, outings such as these (Walk for the Health of It).
- Where healthcare is available to all.
- Needs health care for everyone – not just those who can afford it.

## Urgent Care Clinic

- Clean air, no smoking.
- Understanding of health and good maintenance of the general community by doctors and family.
- One that eats a balanced diet, runs regularly and stays clean.
- One which promotes health and exercise and provides information to limit sickness and disease.
- One that promotes exercise and provides accessible information regarding common patient illnesses.
- Not sick.
- Regular check ups and immunizations.
- Helping you out when you are sick.
- No outbreaks of viruses.
- Services provided for all ages that are affordable and dependable.
- Clean air.
- Services would be available and used by anybody in the community, regardless of ability to pay.
- Get proper check ups and staying safe is something everyone should do to have a more healthy community.
- Proper health care available.
- Everyone getting the proper medical services.
- The doctors are like the Maytag repairman.
- A community where physical, mental, social and spiritual wellness needs are met and attended to.
- When we're able to work together for everyone's healthcare, insurance or not.
- A community that has a good source of medical aid.

- Be respectful to everyone, and perform the procedures and treatments they need.
- Affordable, accessible healthcare for people with common sense.
- No pollution, happy people, regular check ups.
- Safe places to play, work, and access to medical necessities and other living accommodations.
- People that are well.
- Low communicable diseases.
- A place where the environment is clean and healthcare is available.
- Just having respect for everyone and more healthy clinics in this area.
- Legal citizens with up-to-date immunizations. People who don't abuse our government's system.
- One where everyone has free access to full medical care.
- Access to health care, affordable education, classes, reaching the community.
- One with no epidemics and overall good health of citizens.
- Nice streets (clean).
- For all people, especially parents of children, to be knowledgeable about what to do in an emergency and non-urgent situation.

### **Ione Primemed Clinic**

- Everyone should be seen if not feeling well and get the correct health care.
- Trails, recreation departments.
- Peaceful, non-violent and healthy living.
- Good preventive care.
- Preventive care.
- Healthy.
- All people have access to medical aid and support, regardless of income.
- Happy and work out – get in shape.
- Where you can get the care you need within four hours or less.
- One where everyone, rich or poor, can receive health care when needed.
- When everyone is healthy.
- People in the neighborhoods living in harmony with each other; respecting privacy. All having a giving attitude; helping each other as best we can.
- Happy, healthy people.
- One that has a general sense of health and a doctor to confront on medical issues.
- Health care for everyone, young or old, rich or poor.
- Less expensive health care for everyone, not just for low income.
- Affordable health care and physical activity. Also, available doctors.
- Recreation programs needed.
- A community where health care is at their dispense.
- Is aware of, and uses services provided.

## **Galt Medical Services**

- The environment is good and clean.
- Plenty of physicians and outdoor recreation.
- Lots of resources made available to all people.
- A healthy community is everyone taking care their health. This also helps keep other people from getting sick.
- When health care is for everyone. Less spread of sickness.
- There are always doctors nearby for us to see.
- Clean water, clean air.
- Having a doctor to go to when you're sick and not have to go all the time.
- Affordable health care for all – especially middle income.
- Timely access to services.